



"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me..."



Truly I say to you, as you did to one of the least of these brothers and sisters of mine, you did it to me."

Starfish Foundation- Uganda.

The Starfish Foundation has grown from contacts and involvements in Uganda with Mary Mills and Moses Duche since they went there to work in 2009.

Their work permits are granted by the Anglican Church of Uganda and the Starfish Foundation itself should be fully recognised as a NGO by the end of January 2019.

There are 5 main areas of ministry:

1. "Starfish" families where we support needy children with school fees and often medical expenses. Nearly all come from single parent families. We are supporting 26 children and youth at present.



2. The Starfish Clinic and Rehabilitation Centre.

This is a converted old school premises which we have used as a base for mobile clinics for some years. We mainly work with the very many disabled children there are in the area. Last year a generous donor gave the money for



"Making a difference –one by one"





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the building to be refurbished and it is now a fully-functioning clinic with a pharmacy and Physiotherapy room. We have a good team of helpers including two live-in members of staff – a nurse and orthopaedic officer. Home visits are undertaken to those who cannot access the clinic. We have 54 children with disabilities on file at present.



3. HOPAM –“HOpe in PAin Ministry.

This is the original widows and orphans’ group who we went out to help with in 2009, although we have been supporting it for 20 years. We have built a hostel for students in the area and the rent from the 6 apartments pays for the school fees of the widows’



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children. We partner with this enterprise with Global Care – a Registered Charity in the UK.

4. Empowerment. Our aim is to help educate the children and nurture them towards independence which means seeing them through all their school years and hopefully on to University or Vocational Training. We need to work towards breaking the cycle of dependency and encourage them to become self-funding, responsible adults.



5. Spiritual Growth.

This involves mentorship, counselling, encouraging church attendance and involvement with the Gideons International where we distribute Bibles to schools (and take



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Assemblies) prisons, churches, hotels and Vocational Training Centres.

Moses heads up the work “on the ground” in Uganda, based in Mukono, where the Starfish office is housed in the home of Aaron and Christine Mbalule.

Mary Mills is now home-based, in Barrow-on-Trent. She is a member of St Stephen’s church, Slnfin. Her part is to visit regularly (as funds permit!) and raise awareness and – hopefully! – funds here in the UK. She is in (almost) daily contact with events in Mukono, thanks to WhatsApp!



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